

UBAH MEDICAL ACADEMY

November 2021

HALAL HOT LUNCH

PRICE: STUDENT - No Charge

SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Alternate Entree
 Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg, Spinach
 Low Fat Dressing/Dip
 Fruit - Apple, Orange, Pear, Banana, Raisins, Craisins, OR Applesauce Cup
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Beef Patty w/ Cheese on Bun Potato Wedges Salad, Fruit, Milk	Chicken Shawarma Wrap Hummus Salad, Veggies, Fruit, Milk	Seasoned Chicken Leg Bariis Rice Salad, Veggies, Fruit, Milk	Beef & Cheese Lasagna Soft Breadstick Salad, Veggies, Fruit, Milk	Cheesy Breadsticks Marinara Sauce Salad, Veggies, Fruit, Milk
8	9	10	11	12
BBQ Chicken on Bun Baked Beans Salad, Fruit, Milk	Pasta w/ Meatsauce Dinner Roll Salad, Veggies, Fruit, Milk	Tandoori Chicken Leg Yellow Rice Salad, Veggies, Fruit, Milk	Cheese Pizza Salad, Veggies, Fruit, Milk	No School
15	16	17	18	19
Beef Patty w/ Cheese on Bun Potato Wedges Salad, Fruit, Milk	Marinated Chicken Leg Bariis Rice Salad, Veggies, Fruit, Milk	Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk	Chicken Shawarma Wrap Hummus Salad, Veggies, Fruit, Milk	Cheesy Breadsticks Marinara Sauce Salad, Veggies, Fruit, Milk
22	23	24	25	26
Beef Gyro w/ Pita Bread & Cucumber Sauce Salad, Veggies, Fruit, Milk	Cheese Pizza Salad, Veggies, Fruit, Milk	Chicken & Cheese Lasagna Soft Breadstick Salad, Veggies, Fruit, Milk	No School	No School
29	30			
Beef Patty w/ Cheese on Bun Potato Wedges Salad, Fruit, Milk	Chicken Alfredo Dinner Roll Salad, Veggies, Fruit, Milk			

**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

All Done Right Food meals are Pork-Free.

This institution is an equal opportunity provider.

Done Right Food
 School & Event Catering Services



Our Commitment

“Healthy Food, Healthy Message”
 We provide wholesome, delicious, real food that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com